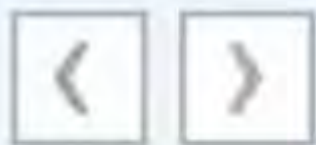


because

I said

I would.



search reddit

username

password

remember me

[reset password](#)

login

**Submit a new link**

**Submit a new text post**

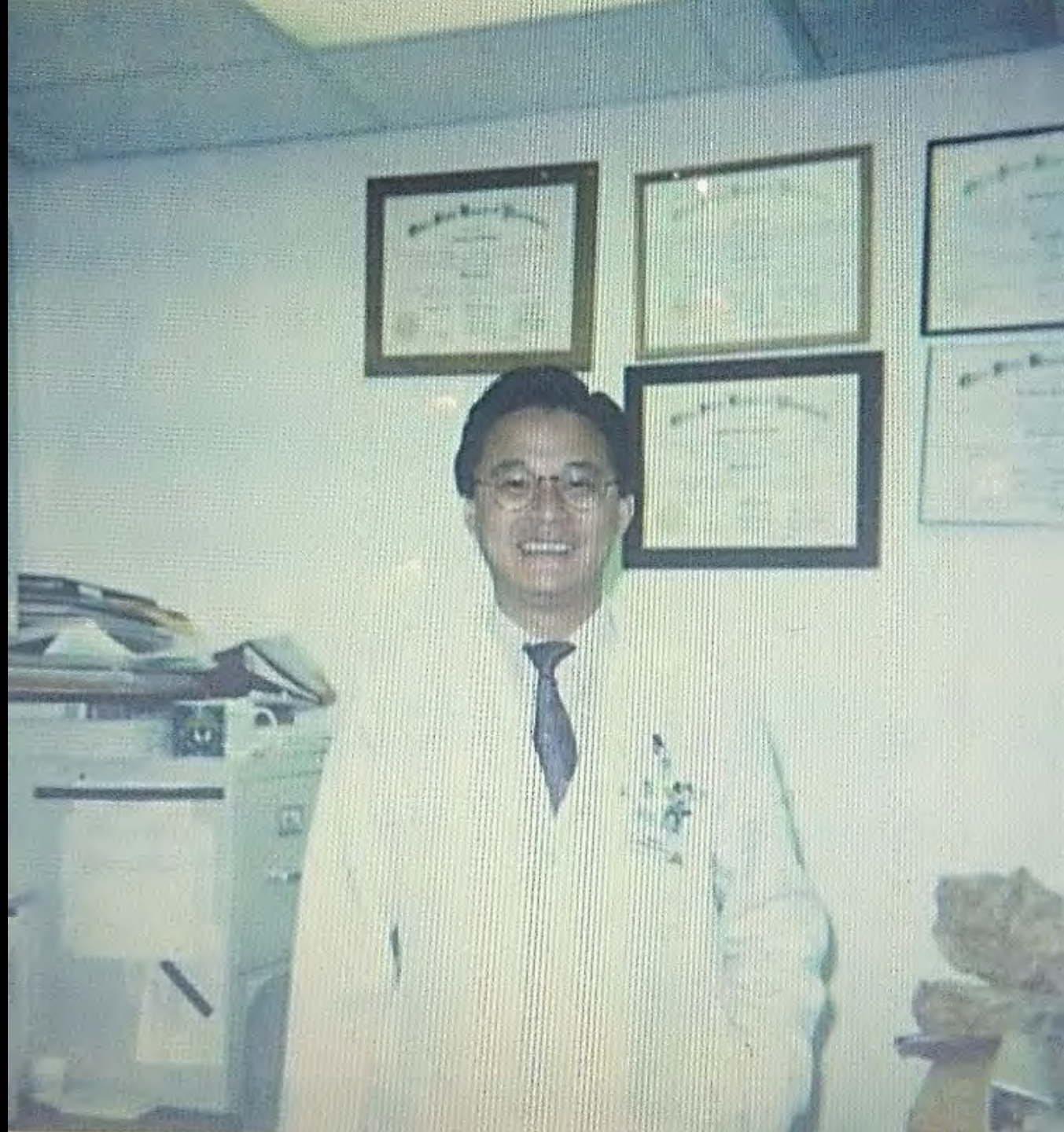
ink what's this?

because

I said

I would.













***because I said I would.***

Because I said I would.

I would  
I would

because I said I would.




#2  
#3

dr.





I promise to make life  
worth living for my sister  
with Down's Syndrome  
everyday of her life, and  
take care of her when  
my parents are no longer  
able to.  because I said I would.


I will donate blood.  
Because there are people who could  
need  $\frac{1}{2}$  l of blood more than me...

because I said I would.



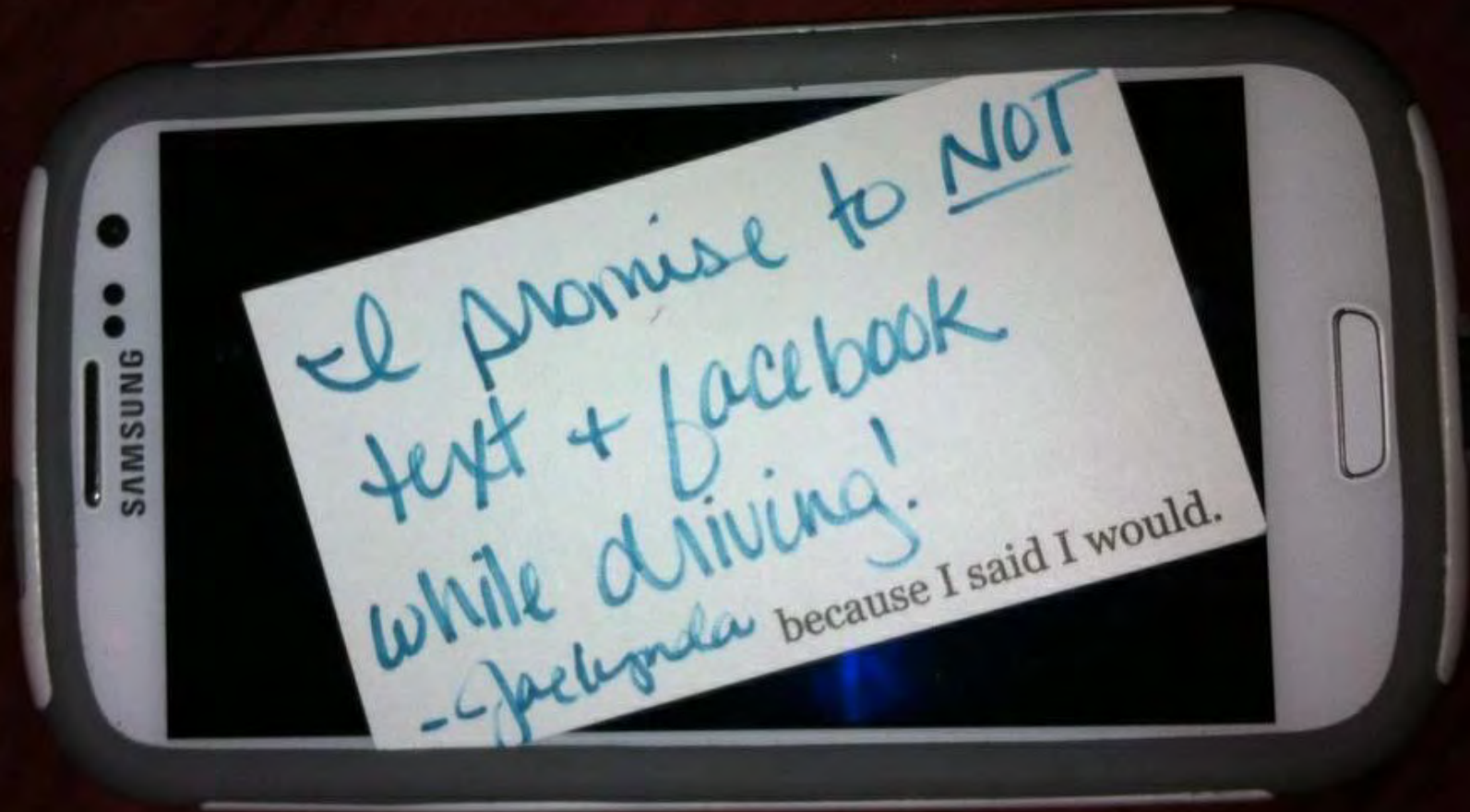
I will sit and make  
friends with the kids  
who sit alone at lunch.

because I said I would.



I am serving  
my country...

because I said I would.



I promise to NOT  
text + facebook  
while driving!  
- Jaelynna because I said I would.

Inspired!

Lancers keep their promises.

because  
I said  
I would.

WANT  
CARDS  
New  
Room  
2



M<sup>c</sup>QUEEN  
SPORTS MEDICINE

M<sup>c</sup>QUEEN  
TRAC

I ❤️  
WEDNESDAY



because I said I would.

I will get the  
x-mas lights  
down before  
Easter

because I said I would.

because

I said

I would.



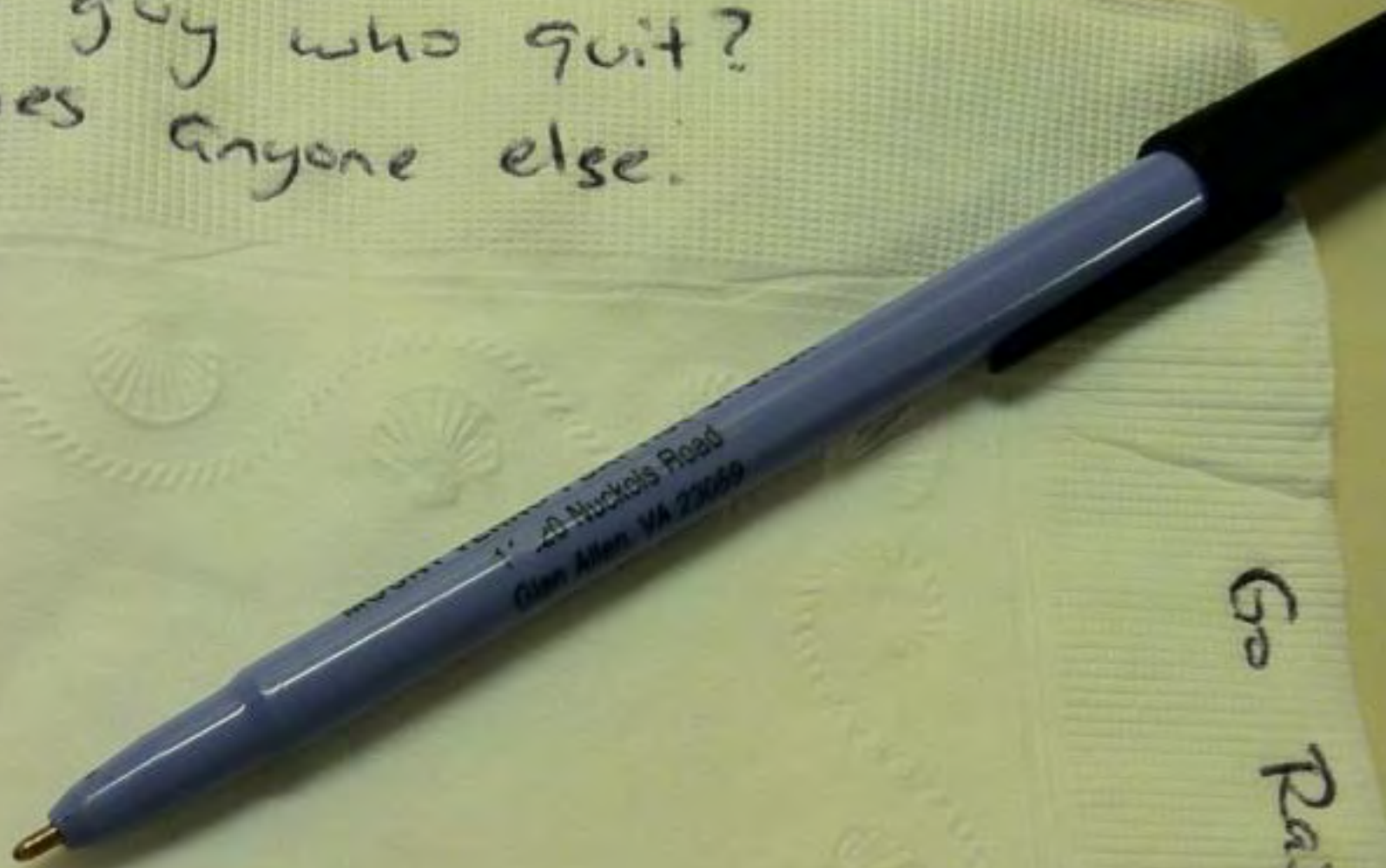








Remember that guy who quit?  
Neither does anyone else.



Go Raiders!

Yesterday's home runs don't win today's  
games.

-Babe Ruth



CALLAGHAN, WILLIAM  
ID: 169692  
7/5/11/1960, M  
Study 1  
11/10/2011  
2:45:55 PM  
40 IMA

Virginia Urology Center  
Ref: UNKNOWN UNKNOWN  
Definition AS



R



SL 3/ p1/ FpR 19.2  
mAs: 286  
kV 120  
C: Omnipaque 350

W: 400  
C: 40



I will write 826

Nepkin's Notes for

Emma!

**because I said I would.**



Dear Emma,

Sometimes when I need a miracle, I look  
in to your eyes and realize I've already created one,  
Love, Dad

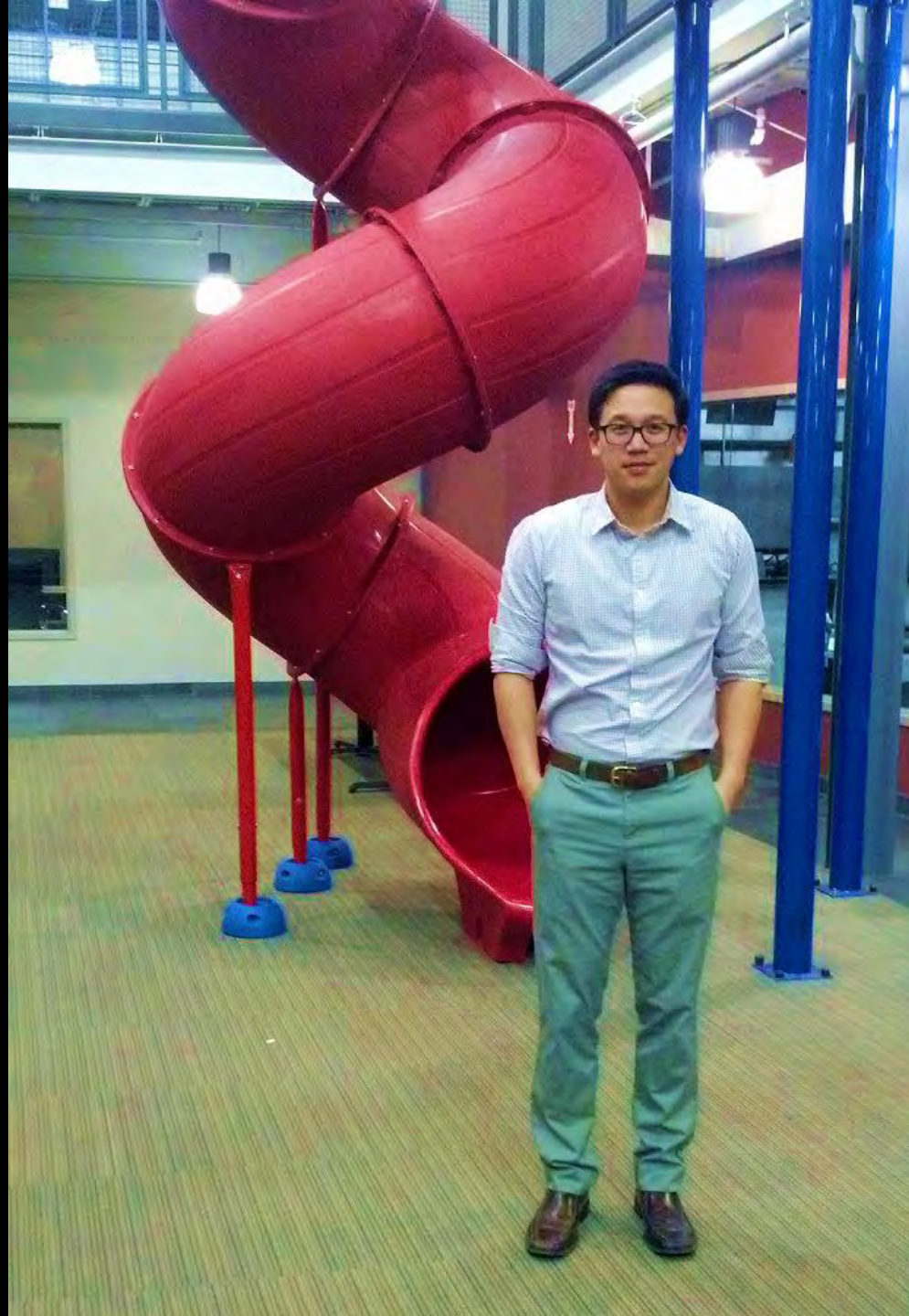


Do what you can with what you have.

because

I said

I would.



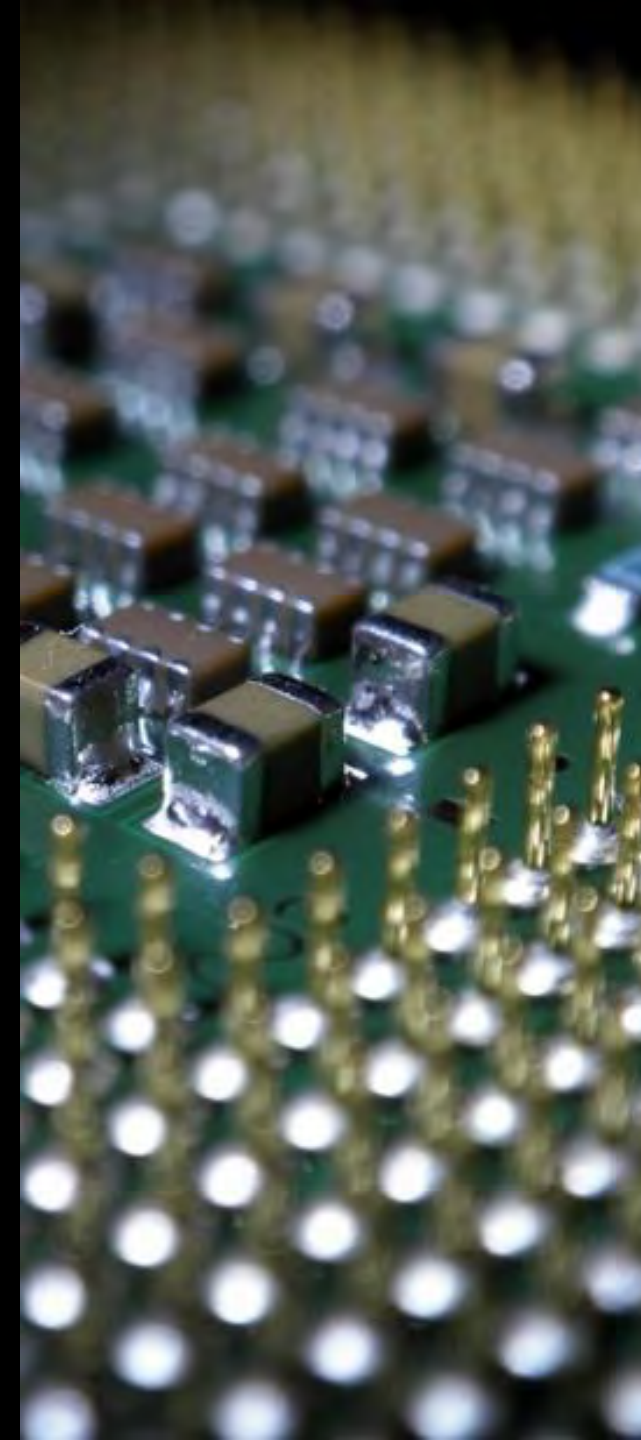
to alex.

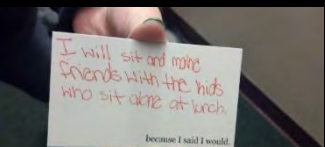
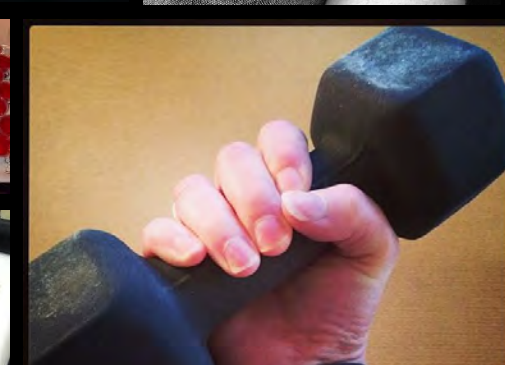
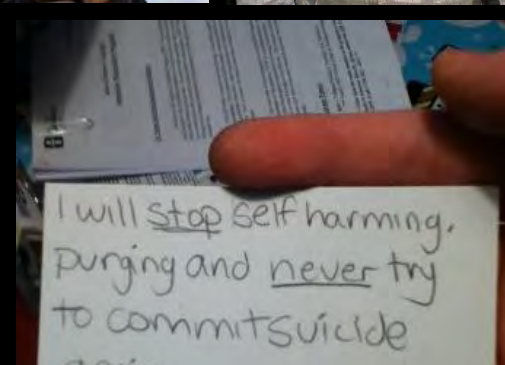
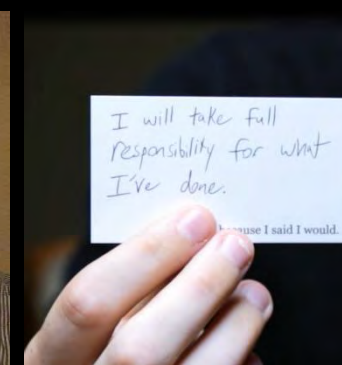
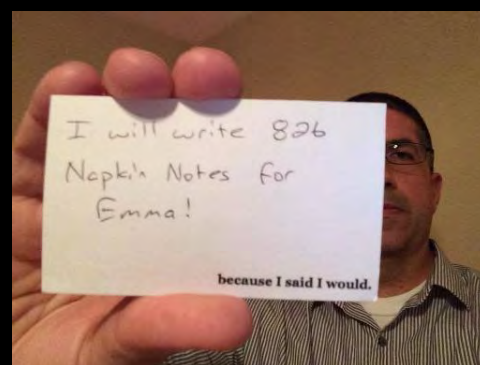
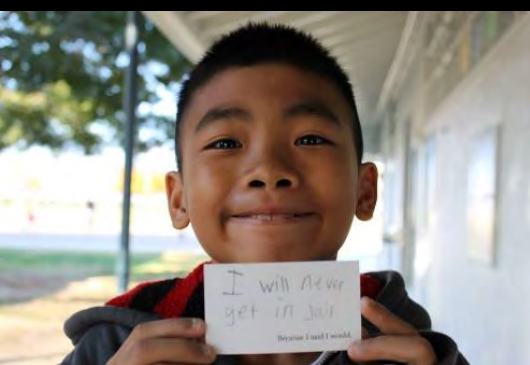
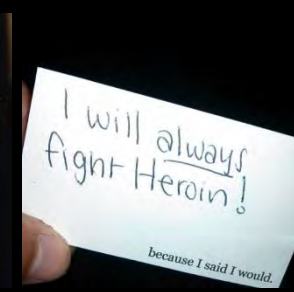
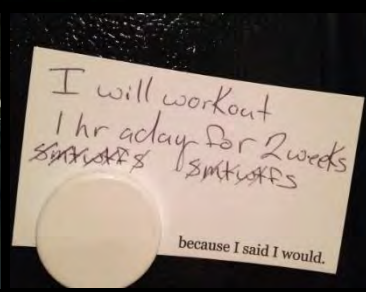
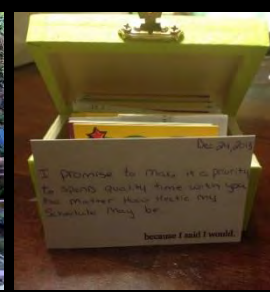
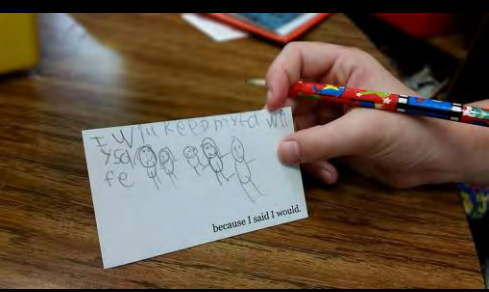
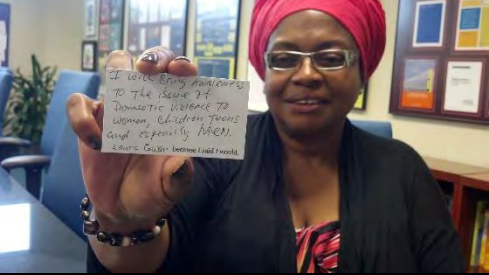
I have been keeping up with your blog. Because I said I would has really really helped me through a rough patch. There have been lots of times where I didn't think life was worth living, and I almost took my life. almost. I am getting stronger everyday, + a lot of that strength comes from a few Promise cards I have written. I have lots of people who care about me, I am a very, very lucky person. It took a lot for me to realize that I SHOULD be alive, I DO have a purpose. I'm not sure if I would even be around if it wasn't for you and your organization. So, thanks, Mr. Sheen. I know I am supposed to write this on a card... but I want to promise YOU that I will not give up. & I hope that one day I can be as gracious as you are. I hope

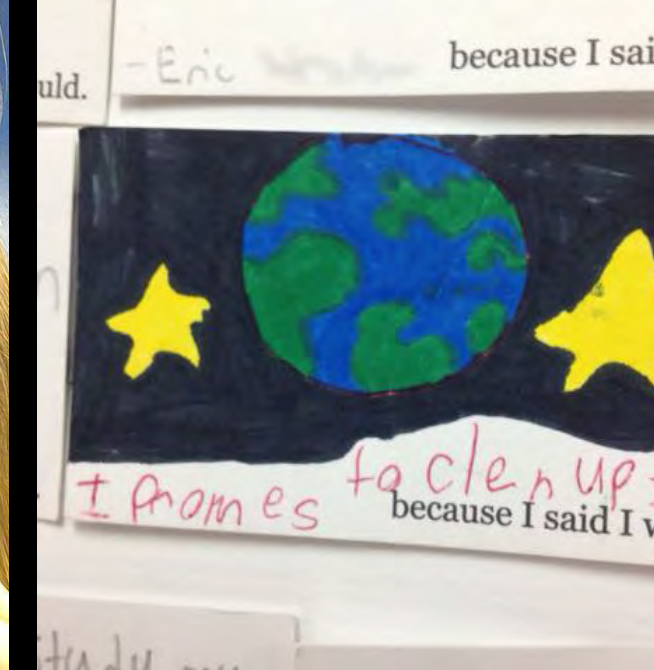
All in.

**because I said I would** is a social movement  
and nonprofit dedicated to the betterment of  
humanity through promises made *and* kept.

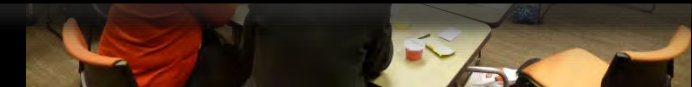








# Character Education







# Character Education

because

I said

I would.



because said would.

DURACELL  
COPPERTOP  
RELIABLE  
POWER  
10 YEARS

KIRKLAND  
100% ALL BEEF  
HOT DOGS

PHARMACY

Coca-Cola

Heavy Duty  
21 pack

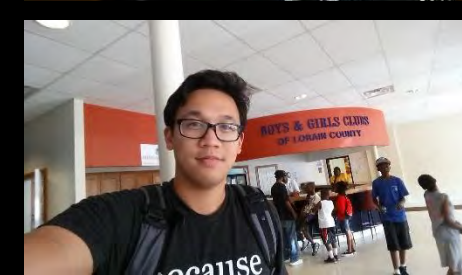
Supreme  
216  
1-2

CHEEZ-IT

MOTT'S

KIRKLAND  
DREAM LENSES

Kills Cold & Flu Viruses



because

I said

I would.



Candlelighters Childhood  
Cancer Foundation of Nevada  
8990 Spanish Ridge Ave  
Suite 100  
Las Vegas, NV 89148

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get  
you a ticket  
to Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get  
you a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

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because I said I would.

I will get you  
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because I said I would.

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Disneyland  
because I said I would.

I will get you  
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Disneyland  
because I said I would.

I will get you  
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because I said I would.

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because I said I would.

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because I said I would.

I will get you  
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Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

I will get you  
a ticket to  
Disneyland  
because I said I would.

Kelly,  
Please give these promise  
cards to the children.  
On March 21<sup>st</sup>, I will fly  
to Las Vegas and personally  
deliver 20 tickets to Disneyland  
**because I said I would.**





Make a promise to help others.

because

I said

I would.





CAVALIERS  
23

SPALDING

**ALERT**

FOX NEWS FOX NEWS  
LIVE

OFFICIALS HAVE PUT THE DEATH TOLL AT MORE THAN 1

S&P

1,624.07



CITY PROPERTY  
NO  
TRESPASSING

CAUTION







**start:**  
FRIENDSHIP PARK  
CINCINNATI, OH  
JUNE 15, 6pm EST



**end:**  
*The house of imprisonment*  
2207 SEYMOUR AVENUE  
CLEVELAND, OH  
JUNE 25, 7pm EST



**midpoint speech:**  
CENTRAL OHIO  
To Be Announced...

**total days:**



**total miles:**







**AIR AUTHORITY**

HEATING & AIR CONDITIONING

513-229-0789



**TRANE**

**NEVER LET THE  
THINGS YOU WANT  
MAKE YOU FORGET**

**THE THINGS  
YOU HAVE**



When you have a strong WHY,  
you can be strong.



because  
I said  
I would.

OHIO  
BOBCATS

WORKS  
er Store

20  
21  
35  
45A  
51



20  
21  
35  
45A  
51

REWORK

City 5

because  
said  
would.

City 5









because  
I said  
I would.

**“It’s OK to think you can’t do it,  
but that doesn’t mean you’re right.”**

-Katie Spatz, Youngest Woman to  
row the Atlantic Ocean

because

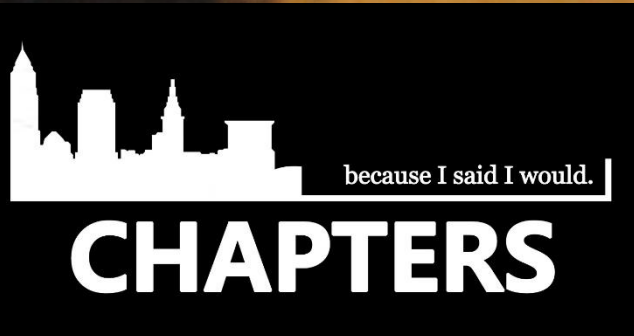
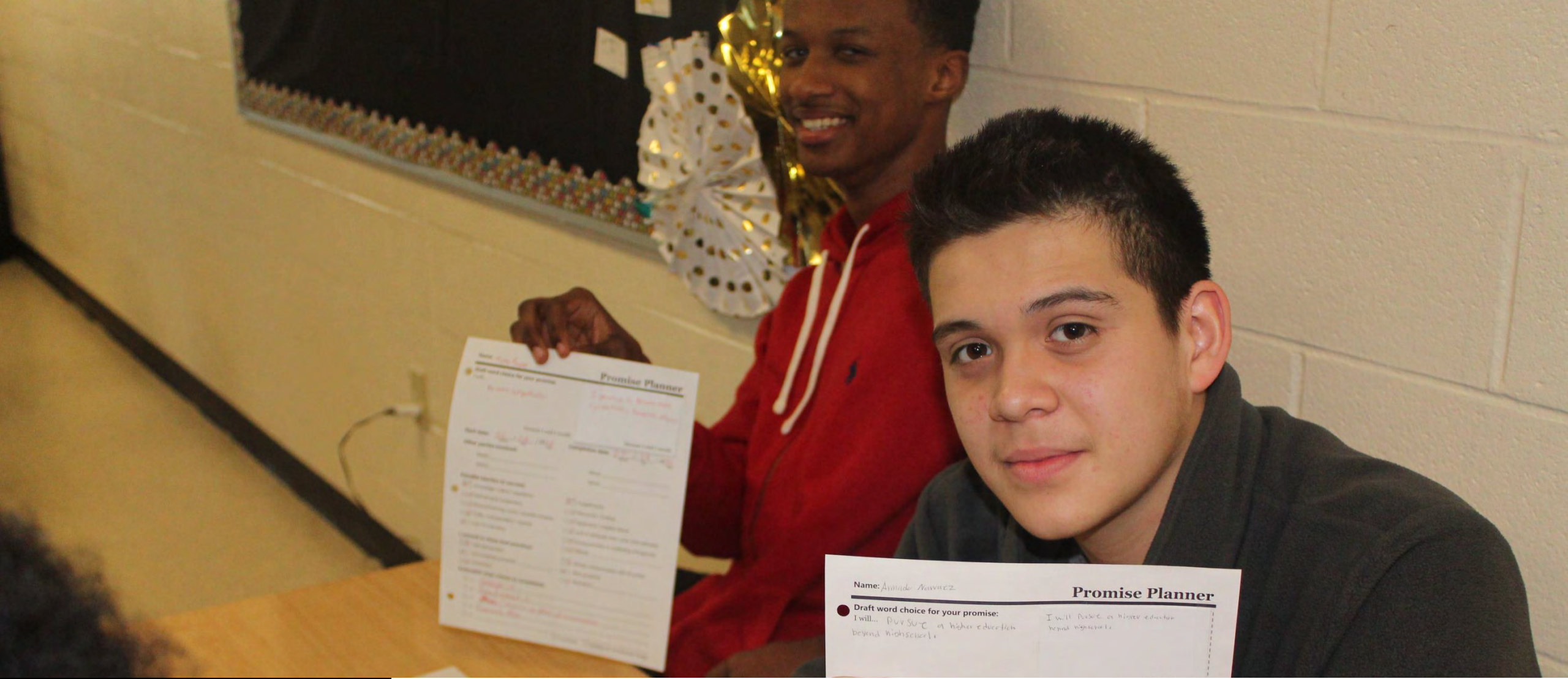
I said

I would.



because I said I would.

# CHAPTERS



# CHAPTERS for Schools



because

I said

I would.



because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

because I said I would.

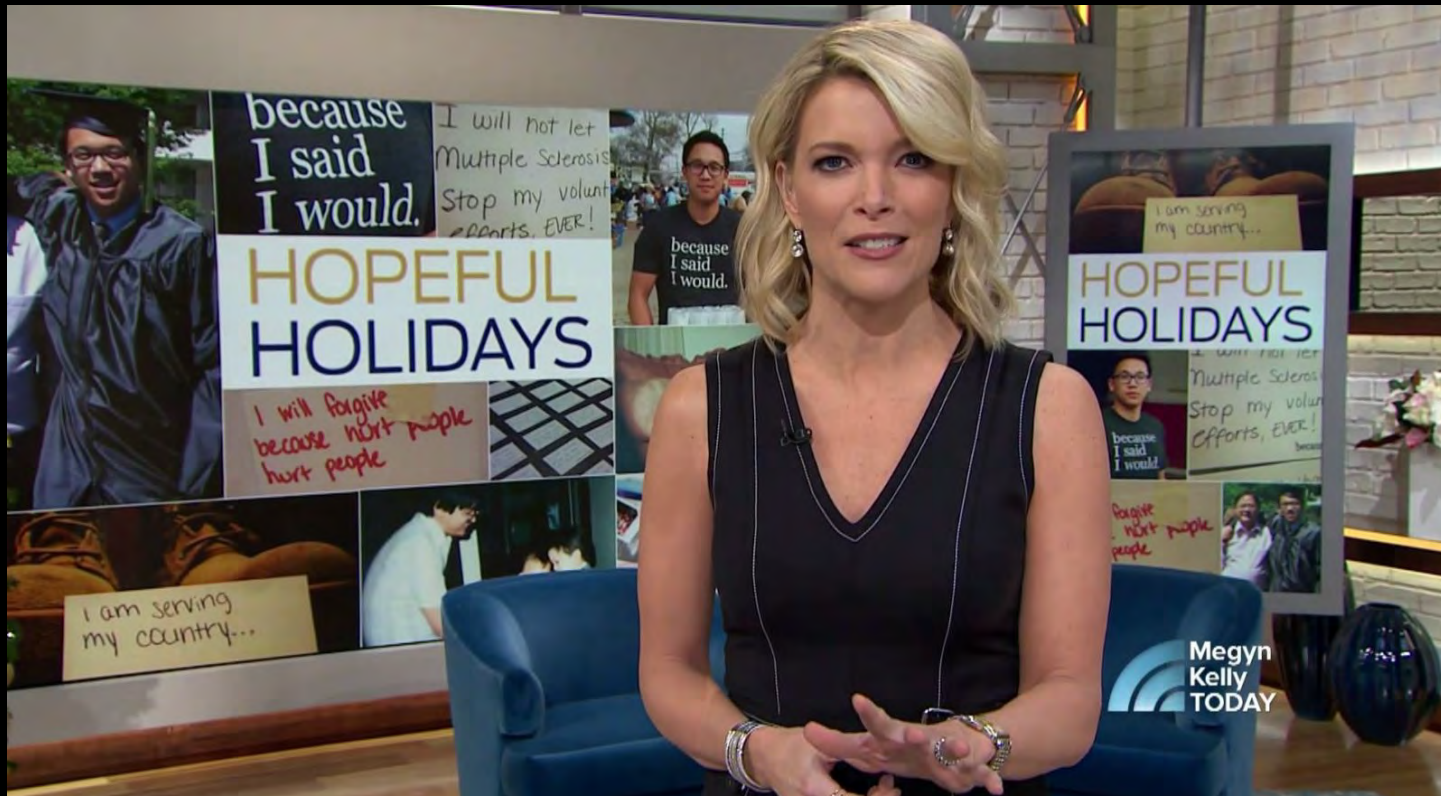
because I said I would.

because I said I would.

because I said I would.

because I said I would.

TAKE YOUR OWN LEGS  
3 1972  
MICHAEL BAY  
July-Aug 72



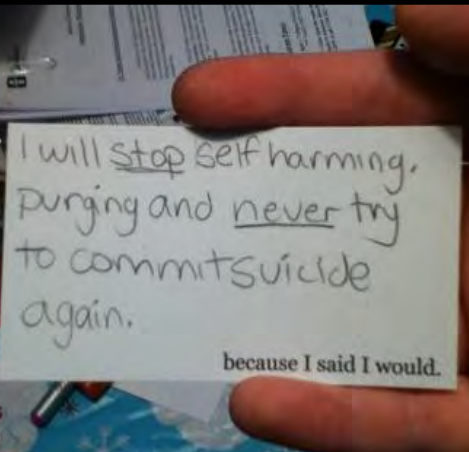


**You.**

“You can pretend to care,  
but you can’t pretend to show up.”

*-George Bell*

# becauseisaidiwould.com



**Suggested Materials**

DVD/Stream    iPad/Laptop    Projector/Screen    Pencil    Worksheets

**Lesson Overview:** What can flow texts (or about the importance of keeping our word? Actively engaging and writing, narrative can maintain students) and be a valuable tool for literacy education. By examining characters in a film, it will teach the students about personal values and help choose that can help and better their lives. Students will analyze films utilizing the 7 Elements of the because I said I would Philosophy to learn about the importance of a promise.

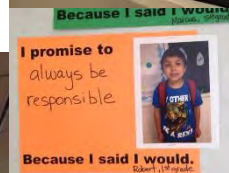
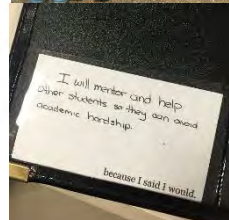
**Goals and Objectives**  
Students will be able to:

1. Identify and explain 7 Elements of the because I said I would Philosophy.
2. Understand the because I said I would Philosophy and the idea of a promise.
3. Discuss the intersection of 7 Elements of Philosophy and core content.
4. Reflect on the meaning of promises in their own lives.

**Anticipatory Set**  
Ask students what are some of their favorite movies and why these are their favorites. Read the following, give 30 seconds. "You can't pretend to care, but you can't pretend to show up." Ask students to define what a promise is. Ask what movies, the quote and promises have to do with. Decide that this project involves actively engaging and critically viewing the film you chose in order to learn about making and keeping promises, and the impact it can have in society.

**The Task**

1. Select a movie prior to the start of the project.
2. Distribute the 7 Elements of the because I said I would Philosophy.
3. Discuss 7 Elements of Philosophy with students.
4. Groups define one element and present to class.
5. Introduce film of choice (See page 12).
6. Ask anticipatory questions and discussion stopping points. Students will work on markers while watching the film.
7. Watch the film.
8. Create a project: Poster Project or Visual Essay (See page 15).



/becauseisaidiwould



@bcisaidiwould



/becauseisaidiwould



@becauseisaidiwould



# YouTube

# #becauseisaidiwould